

**MOUNT CARMEL RADIATION ONCOLOGY**  
**FOLLOW-UP SELF ASSESSMENT FORM**

Name: \_\_\_\_\_ Date \_\_\_\_\_

Physicians involved in your care: \_\_\_\_\_

Best Contact Phone #: \_\_\_\_\_

Can we leave a message:    YES            NO

X-rays or blood work since last visit: \_\_\_\_\_

Please check any **current problems/symptoms**:

**GENERAL /CONSTITUTIONAL**

- Fatigue
- Fever/Chills
- Hot flashes/night sweats
- Loss of appetite
- Sleep problems
- Weight loss
- Weight gain
- Other \_\_\_\_\_

**MUSCULOSKELETAL**

- Difficulty walking
- Aids used for mobility: \_\_\_\_\_
- Bone Pain
- Jerking or twitching
- Joint pain/swelling
- Muscle weakness
- Other \_\_\_\_\_

**INFECTIONS**

- MRSA/VDRL/C-DIFF
- Risk of HIV exposure
- Other \_\_\_\_\_

**CARDIO/PULMONARY**

- Chest pain
- Cough
- Coughing blood
- Heart palpitations
- Shortness of breath
- Other \_\_\_\_\_

**NEUROLOGICAL**

- Dizziness
- Fainting Spells
- Headaches
- Numbness/Tingling
- Seizures
- Other \_\_\_\_\_

**SKIN/INTEGUMENTARY**

- Itching
- Rash
- Other \_\_\_\_\_



**NAME** \_\_\_\_\_

**DATE** \_\_\_\_\_

**GI/NUTRITIONAL**

- Abdominal Pain
- Change in bowel habits
- Constipation
- Diarrhea
- Nausea/Vomiting
- Rectal pain/bleeding
- Special Diet
- Swallowing Problems
- Taste Changes
- Other \_\_\_\_\_

**URINARY**

- Blood in urine
- Difficulty with urinary control
- Painful urination
- Urgency
- Urinary Frequency
- Urinating at night
- Urinary tract infection
- Other \_\_\_\_\_

**GYN/REPRODUCTION**

- Changes in menstrual cycle
- Changes in sexual function
- Post- menopausal bleeding
- Vaginal bleeding
- Vaginal discharge
- Other \_\_\_\_\_

**Any Medical History Updates**

- \_\_\_\_\_

**EYES/EARS/NOSE/THROAT**

- Earache/drainage
- Hearing problems
- Nose bleeds
- Sore throat
- Trouble swallowing
- Visual problems
- Other \_\_\_\_\_

**HEMATOLOGICAL/LYMPHATIC**

- Easy bruising/bleeding
- Enlarged lymph nodes
- Lymphedema
- Anemia
- Blood disorders
- Blood Transfusion
- Other \_\_\_\_\_

**PSYCHOSOCIAL**

- Anxiety
- Claustrophobia
- Confusion
- Depression
- Panic attacks
- Other \_\_\_\_\_

